

Stress Down Day

on 24/7 

Take part in Stress Down Day 2020 to reduce stress levels
and raise awareness & funds for Lifeline Canberra.

Register your workplace now!

| | |
|--------------|--|
| WORKPLACE | |
| ADDRESS | |
| CONTACT NAME | |
| EMAIL | |
| PHONE | |

PLEASE DESCRIBE YOUR STRESS DOWN DAY ACTIVITY:

Please return completed form to events@act.lifeline.org.au.

Your workplace will receive a Stress Down Day donation bucket & Lifeline Canberra merchandise.