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Icon Water

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Nomination Pack

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About the Awards

Since 2006, Lifeline Canberra has celebrated incredible women in the ACT and surrounding regions, through the annual Women of Spirit Awards.

The Awards recognise women who have triumphed over personal adversity and gone on to make a positive contribution to our community, while inspiring others to do the same.

Each year we ask members of the Canberra community to nominate an inspirational woman in their lives. We hold an elegant Awards luncheon to acknowledge nominees and finalists and to announce Award recipients.

The Awards have grown substantially over the last few years and are now bigger than ever before, with over 300 people in attendance. With the growth of the Awards, we are now able to celebrate more and more remarkable women.

Key Dates

ACTIVITY	DATE
Nominations open	Friday 16 June 2023
Nominations close	Tuesday 1 August 2023
Finalists notified	Friday 4 August 2023
2023 Women of Spirit Awards luncheon	Tuesday 15 August 2023

Award Categories

Women of Spirit Award

The Women of Spirit Award honours women who, in overcoming personal adversity, have made a positive change in society and inspired others to make a difference in our community.

Rising Women of Spirit Award

The Rising Women of Spirit Award is assessed on the same criteria as the Women of Spirit Award however, it provides encouragement and recognition to women who have only recently overcome adversity and have not had a significant period of time to give back to the community - yet have still achieved amazing outcomes.

Nomination Committee

When nominations close, the Nomination Committee will review and consider all nominations to create a shortlist of finalists and decide on the Award recipients for each category. The 2023 Nomination Committee comprises of the following members:

- Marcus Mills-Smith - Lifeline Canberra Board of Directors
- Peta-Lee Jeffries - Lifeline Canberra Volunteer
- Lucinda Chacos - Icon Water
- Julie Samaras - Founding Editor, Canberra Weekly
- Penelope Twemlow - Recipient of WOS 2021

Awards Luncheon

The 2023 Women of Spirit Awards luncheon will be held on Tuesday, 15 August 2023 at the National Gallery of Australia, from 12pm to 2pm. Finalists receive a complimentary ticket to the Awards luncheon. Additional tickets can be purchased at $99 for friends and family by emailing events@act.lifeline.org.au

Questions

If you have any questions or would like to discuss a nomination, please contact our friendly team at 02 6171 6300 or via email events@act.lifeline.org.au

Nomination Process & Important Information

Please ensure you read the below information before making a nomination.

Please note, the nominee must consent to being nominated and they are required to sign this form. You will be required to submit a photograph of the nominee as part of the nomination (please attach to email when submitting this form).

You will be required to provide the contact details of two people who know the nominee and consent to be a referee. Referees may be contacted by the Nomination Committee to provide a reference for the nominee.

Lifeline Canberra will contact nominees and their nominators via email when finalists have been determined.

Terms & Conditions

The Lifeline Canberra Women of Spirit Awards are open to residents of the ACT and surrounding region.

An individual cannot nominate herself.

Information photographs and videos submitted in the nomination process may be used by Lifeline Canberra for promotional purposes, including but not limited to, event advertising, presentations at the Awards luncheon, pre and post-event publicity and future Women of Spirit Award events and promotion.

Finalists may be contacted by media outlets to share their story and comment on the awards. By signing the below declaration, nominees consent to their image, story and name to be used in print and digital media by Lifeline Canberra and wider media outlets.

Should nominees want support when talking to the media, this can be supplied by Lifeline Canberra if requested.

Nominations must be completed and submitted to Lifeline Canberra by no later than 5pm 1 August 2023.

Nominations are considered complete when all parts of the nomination form are completed in full, either electronically or in blue or black pen (no pencil), and the nominee's photo is submitted.

Nominations must be completed on the official nomination form. No attachments will be considered.

The role of the Nomination Committee is to review and consider all nominations in light of the guidelines and criteria and to select finalists and Award recipients for each category. The Nomination Committee's decision is final and no correspondence will be entered into in respect to the decision.

Submissions

Please submit your completed nomination form, along with a photo of the nominee to Lifeline Canberra by email or post, by no later than 1 August 2023.

Email	Post
events@act.lifeline.org.au *Subject:* Women of Spirit Awards Nomination	Lifeline Canberra Attn: Events GPO Box 583, Canberra City ACT 2601

Nomination Form: Part One

Category

☐ Rising Women of Spirit Award ☐ Women of Spirit Award

Contact details

Nominee

Name _____ Phone _____

Postal address _____

Email address _____

The nominee is Aboriginal or Torres Strait Islander ☐

Nominator

Name _____ Phone _____

Email address _____

Referee One

Name _____ Phone _____

Email address _____

Referee Two

Name _____ Phone _____

Email address _____

Nomination Form: Part Two

Nomination Criteria

Please address the following criteria. This can be done in dot-points:

1. Outline the personal or professional challenges the nominee has overcome. (200 words)

2. Outline the nominee's achievements and contribution to the community and add any evidence of other awards or recognition received by the nominee. (100 words)

3. Tell us how the nominee inspires others. (100 words)

4. How did you hear about the Women of Spirit Awards?

   - ☐ Social media
   - ☐ Google
   - ☐ Media
   - ☐ Lifeline Canberra Website
   - ☐ Email newsletter from Lifeline Canberra
   - ☐ Word of mouth

5. As part of your submission, please include a photo of the nominee. *To be used in print and digital assets on the occasion that they become an award finalist.*

6. As part of your submission, please include a short (3-minute max) video of the nominee telling us about themselves. *To be used in print and digital assets on the occasion that they become an award finalist.*

Nomination Form: Part Three

Declaration

Nominee

I have read and agree to the 2023 Lifeline Canberra Women of Spirit Awards Terms and Conditions as outlined in this document. I consent to this nomination. I consent to the use of my image, story and name, in print and digital media by Lifeline Canberra and wider media outlets.

The information provided in this form is true and correct to my knowledge.

Signature _____ Date _

Should I be approached to speak to the media, I would like additional support from Lifeline Canberra ☐

Nominator

I have read and agree to the 2023 Lifeline Canberra Women of Spirit Awards Terms and Conditions as outlined in this document. I have the nominee's consent to make this nomination.

The informationprovided in this form is true and correct to my knowledge.

Signature _____ Date _

PLEASE NOTE: If you're experiencing difficulties using the electronic signature, please print to sign this page.

Checklist

Prior to submission, please review the below checklist to ensure your nomination is complete.

- ☐ Category selected
- ☐ Contact details completed
- ☐ Nomination criteria completed
- ☐ Declarations signed
- ☐ Video of the nominee attached
- ☐ Photo of the nominee attached

Thank you for taking the time to nominate an exceptional person in our community. It is an honour to celebrate their achievements with you.